

Lee Higginson

Fluke Craft

<https://www.facebook.com/FlukeCraft/>

“Quick! Draw a _____”

Materials: Any form of drawing tool and paper (Lee suggests Post-It Notes, but any paper will do)

Process:

- One family member will challenge the others to a ‘draw-off’.
- Rules:
 - The draw-off is timed, and very quick (no more than 60 seconds)
 - The subject matter is not easy for anyone (for example, a random comic book character)
 - Participants cannot refer to pictures of this subject. It must be drawn from memory
- When the timer sounds, participants put down their drawing tools and share their work.
- Participants laugh and enjoy the humorous results

Often times these drawings turn out beautifully (even if they are not accurate). For an interesting experience, place these drawings side-by-side in a frame and put them up to enjoy. Change out the pictures with new ones when desired.

“Create From Nature, In Nature”

Materials: Literally anything you might find outdoors (rocks, sticks, flowers, pinecones, leaves)

Process:

- During family walks or outdoor family outings, pay attention for opportunities to create something beautiful from the natural materials provided. Work as a team. Leave your art where you created it for others to enjoy, knowing that you will brighten someone’s day through your art.
- You may also want to scavenge natural areas for materials to bring home and use.



Some beautiful examples of natural art creations. There is something very powerful in creating art with ‘found’ materials.