

Avril Bull-Jones

Av's Art Adventure

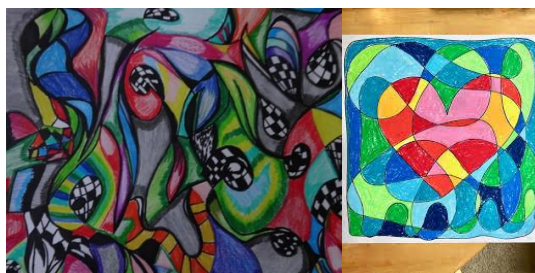
1. **“Take a Line for a Walk”** – this is a great warm up to get your mind thinking creatively
Materials: Pencil (or other drawing implement) and paper (any colour or style)

Process:

- Each member of the family sits with their own piece of paper and drawing tool in front of them
- One member of the family sets a timer, or watches the time. As a family, decide how much time you will put on the timer.
- When the timer starts, start doodling! Fill the page with any kind of lines and marks you can think of. Lines can be thin, fat, curly, straight, overlapping...whatever comes to mind. Try to fill the page within the time you have decided on (note that there is no need to sit in concentration. The family can chat, listen to music, or any other passive activity while drawing).
- When time is up, everyone holds up their pieces and talks about them. The only rule is that only positive comments are allowed! (Try: “I like the way that you _____”
- What shapes do you notice? Can you see any objects peeking through the lines and doodles? Pick your favourite colours and fill in your favourite shapes or objects that you find.
- Do this again and again. Change the time allowed, change the materials used, size of paper, etc. Creativity will swell each time you start again!



Here are great examples of what can be done with this activity.



2. Raid the Recycling Bin Art

Materials: glue or tape (if desired), any other craft materials you may have lying around, scissors
Your recycling bin after a week's worth of collection (or more if you save it!)

Process:

- Put the full recycling bin in the middle of your group
- Set a timer (eg 30 seconds)
- With the time set, each family member chooses pieces they want – don't think about what you will use if for yet, just grab!
- When the timer runs out, look through your pieces. What can you make? Use glue or tape to combine pieces, scissors to cut them into interesting shapes.
- Will you work independently, or as a family? Will you create art, or will you invent something?
- Adorn your creation with any stickers, paint or ribbon you may have.
- Try this again and again! Do you want to use themes next time? (For example, everyone makes a robot?)



Here are great examples of what can be done with this activity.