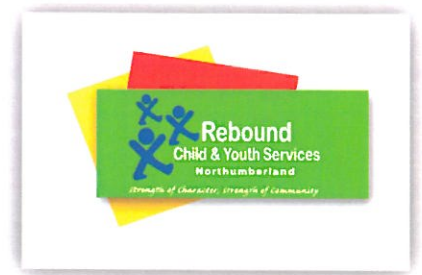


REBOUND

CHILD & YOUTH SERVICES NORTHUMBERLAND



I Shine!

Self Esteem Program!

Rebound is excited to present

Girls self-esteem group ages 11-15

Spend the day with us and explore just how awesome it is to be YOU!

Gain social skills & tools to make positive changes in your life.

Bring a friend or make some new ones.

This is a free program but registration is required for all participants

For more information on having this program please contact Rachel

905-372-0007 X 223

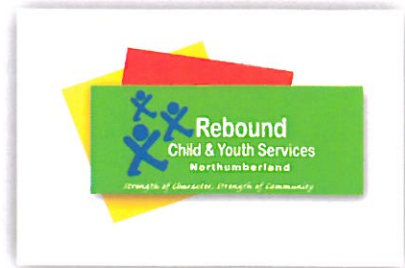
redwards@rcys.ca
700 D'Arcy Street Cobourg ON K9A 5T3



Strength of Character, Strength of Community

REBOUND

CHILD & YOUTH SERVICES NORTHUMBERLAND



BE YOU!

Self Esteem Program!

Rebound is excited to present

Guys self-esteem group ages 11-15

Spend the day with us and explore just how
awesome it is to be YOU!

Gain social skills & tools to make positive
changes in your life.

Bring a friend or make some new ones.

This is a free program but
registration is required for all participants

For more information on having this program
please contact Rachel

905-372-0007 X 223

redwards@rcys.ca

700 D'Arcy Street Cobourg ON K9A 5T3



Strength of Character, Strength of Community